



### **U19B Team – National Schools Lacrosse Tournament**

**By Miss Upham (PE Teacher)**

The U19B lacrosse team travelled to Aldershot to compete in the National Schools Lacrosse Championship on Saturday 7th and Sunday 8th March, facing strong opposition from schools across the country.

During Saturday's group stages, the team competed against Putney High School, Marlborough College, St Swithun's School, Haberdashers' Elstree Girls' School, and St Albans High School for Girls. Each match provided a competitive challenge, and the players showed great determination and resilience throughout the day. As the tournament progressed, the team grew in confidence, moving the ball effectively in attack and supporting one another well in defense. Their communication and tactical awareness improved with every game, allowing them to create several promising attacking opportunities.

Their consistent effort and positive attitude saw the team successfully qualify for Division 2, a fantastic achievement in such a large and competitive tournament.

On Sunday, the girls returned for the knockout stages and faced a strong St Mary's Calne side. The team battled hard, showing excellent spirit and determination throughout the match. Despite their efforts in both attack and defense, they were ultimately knocked out by a well-organised opposition.

The players should be extremely proud of their performances across the weekend. They represented the school superbly, demonstrating excellent sportsmanship, resilience, and support for one another.

throughout the competition. The experience of competing at a national championship will undoubtedly help the team continue to develop and build confidence moving forward.

Well done to the entire squad for a fantastic weekend of lacrosse.